

Trainer, Coach or Team-manager:



Name

Name

Name

A complete overview of all the tasks you can get started with!

As your football team's trainer, coach, or team manager, you each have a range of tasks. What's often missing is a clear overview of what you can — and want to — take on. That's why we've listed everything for you below. Handy: you can also instantly see which tasks fall under your colleagues' roles. This makes it easy to divide tasks between you, or tackle them together. That way, you'll know exactly what you're working on as a team — making it more enjoyable and creating rock-solid teamwork!



	Trainer	Coach	Manager	Space for notes
Ensure there are enough players	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	
Mediate conflicts when needed	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	
Provide injury treatment and care	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	
Teach players how to deal with disappointment	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	
Correct inappropriate behaviour	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	
Ensure discipline and follow club rules	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	
Track and monitor individual player development	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Track and monitor overall team development	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Coach players tactically, mentally, physically and technically	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Teach players to play together as a team	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Clearly explain what players can and should do	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Encourage players in a positive way	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Promote enjoyment in playing	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Prepare everything for the match	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Agree fair substitution policy before the match (Coach Amigo)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Give a pre-match briefing to players	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Oversee warm-up before the match	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Oversee the team during the match	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	
Track fair playing time (Coach Amigo option)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Share insights with the coach	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Analyse the match match for training / insights	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Analyse the opponent for insights	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Provide mental coaching for players	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Report on player development (for the club and others)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Take responsibility for match tactics	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Ensure everyone arrives on time	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	
Find and maintain a team sponsor	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	
Monitor match events (Coach Amigo option)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	
Complete and submit the match report form	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	
Responsible for tracking attendance (Coach Amigo option)	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	



	Trainer	Coach	Manager
Decide the player list for the match	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Ensure everyone attends training sessions	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Manage the team's driving schedule	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Inform players about cancellations and other updates	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Arrange a linesman/flag person	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prepare match equipment (e.g. balls for warm-up)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Share Coach Amigo livestream with fans	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Contact and welcome the opponent (for home matches)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Liaise with the match secretary	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Sign in and sign out the team at away matches	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Organise drinks during breaks	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Organise social events for the team	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Share information and communicate with parents	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Manage the parents' group app	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Liaise with various club committees	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Be responsible for team kit and laundry schedule	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Manage the team page (on the club website or Coach Amigo)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Organise friendly/practice matches	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Keep track of training attendance (Trainer Amigo option)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Plan the training cycle	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prepare training sessions and design appropriate exercises	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Share insights with the coach	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Manage training equipment and materials	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Improve player fitness	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Improve players' technical and tactical understanding	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Match training sessions to the level of play	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
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